

Multiple Sclerosis Treatment Discussion Guide

This guide is designed to help you discuss treatment options for multiple sclerosis (MS) with your healthcare provider. Use these questions to explore available treatments and to record your reflections.

Treatment:

1. What are the available treatment options for managing my type of MS? _____

2. How do these treatments work? _____

3. What treatment plan do you recommend and why? _____

4. What is the goal of the treatment plan? _____

5. What is the recommended treatment dosing schedule? _____

6. How long is each treatment appointment? _____

7. What are the potential side effects of the treatments, and how should they be managed? _____

8. Is there anything I should prepare for before or after my treatment? _____

9. Are there any do's and don't's after treatment? _____

10. What problems should I look out for? _____

11. Who do I contact if I have any problems with my treatment? _____

12. How often will I need to visit my neurologist, specialist nurse, and/or infusion centre? _____

13. What other support resources and services are available to me? _____

Availability to attend regular medical appointments _____

Family planning considerations _____

Previous history and current known infections _____

Who do I contact if I have any problems with my treatment? _____

Use this space to record contact information for your healthcare team _____

Use this space to jot down any additional questions or thoughts that come up during your discussions _____